

CELEBRATING 35 YEARS!



# Golden Gate Labrador Retriever Rescue, Inc.

Spring 2022 [www.Labrescue.org](http://www.Labrescue.org)

## Cardiac Supplements in Dogs

by Kristine Chan, DVM, DACVM (Cardiology)

Over three quarters of all Americans take dietary supplements on a regular basis, accounting for 15 billion dollars in sales per year.<sup>1</sup> It's been said that we are a pill popping society; a poll in 2019 revealed that 86% of Americans take vitamins or supplements, yet only 24% have a confirmed nutritional deficiency.<sup>2</sup> Similarly, between 40% and 100% of athletes typically use supplements to try and gain a competitive edge, but unless they have a nutrient deficiency, supplementation may not improve performance and may instead have a detrimental effect.<sup>3</sup> Some physicians say that vitamins are unnecessary for most people, but this is debatable.

While the jury is still out when it comes to our furry family members, I do not generally recommend supplements as long as the patient is on a healthy, well-balanced diet. In general, many cardiac supplements won't hurt and some may help. Science is only as good as the research that we have available to us, and there is a world of nutritional

supplementation that we do not know enough about. Hopefully one day we will! There are hundreds of supplements on the market, so we are left swimming through a sea of products wondering which are best to prolong quality and quantity of life in our veterinary patients.

While there is not a lot of veterinary research in the area of cardiac dietary supplementation, there is some. The best types are summarized below. These are generally not recommended except to treat specific diseases, as there is no data to prove that they do anything when a deficiency or disease is not being treated.

While not an actual "supplement", the best "natural medicine" recommendation for heart health in dogs remains simple and something that every household can provide: reduced sodium intake. This is something that has known benefits in many types of heart disease!! For me, this is better than any supplement though arguably harder to accomplish. Reduced sodium intake is required in dogs

*Continued on page 2*



with many severe forms of heart disease, so prior to the development of advanced disease, dietary modifications can be beneficial. Many dog treats are loaded with sodium – always check the ingredient label for added salt or sodium. The majority of sodium can also be found in people food (braised foods, gravies, deli meats, breads, cheeses, processed foods, etc.,) so cutting down on these is always recommended. Always stick to high quality dog foods, as some dog foods are high in sodium. Guidelines are provided in the links below.

Hopefully, as science progresses, research and knowledge will continue to grow as medicine continues to advance, allowing our canine loved ones to live their best lives possible!

**Omega-3 Fatty Acids (EPA/DHA):** this supplement has the most research supporting its benefits. It has significant immunological, anti-inflammatory, and hemodynamic effects. Dogs with congestive heart failure have decreased concentrations of DHA, so supplementation in these cases could possibly be beneficial. Omega-3 fatty acids may also have some antiarrhythmic effects in dogs with heart disease, though these effects seem to be variable between breeds. Aim for providing omega-3 fatty acids in the form of DHA, and make sure that other supplements are not added/included, to avoid toxicities. Avoid cod liver oil because they may contain too much of other vitamins which can cause toxicity, and avoid flax seed oil because they provide less effective sources of DHA. Fish oils are the most potent and efficient source of DHA, but be careful about sourcing to avoid mercury toxicity. Side effects include vomiting/diarrhea, delayed wound healing, and decreased platelet activity/increased bleeding times. Bayer's Free Form Snip Tips is a good product, as are many human formulations of DHA.

**Taurine:** Certain dog breeds, including Golden retrievers, have higher incidence of taurine-deficient dilated



cardiomyopathy (DCM) especially when fed certain diets. It is thought that there may be a genetic component that makes them less efficient at metabolizing taurine when those diets are fed, though the causes are likely multifactorial.<sup>4</sup> Though taurine supplementation may not be indicated when disease is not present, it is safe and will not hurt.

**L-carnitine:** if your pet is diagnosed with carnitine deficiency, supplementation with l-carnitine is effective. However, the prevalence of carnitine deficiency is very low in the canine population. There are a limited number of clinical cases documented.<sup>5,6</sup> Boxers, Cocker Spaniels, Doberman Pinschers, Great Danes, and Irish Wolfhounds might be at increased risk. There is also some evidence that overweight Labrador Retrievers have lower carnitine levels than lean, healthy retrievers;<sup>7</sup> however, weight loss would achieve a much better outcome for the best health in these patients. The main side effect is GI upset, especially at higher doses.



#### Note:

A wealth of information on supplements, nutrition, and cardiac supplements can be found through the following Tufts University School of Veterinary Medicine webpages, on which much of the information in this article is based:

[https://heartsmart.vet.tufts.edu/nutrition/Watching your pet's sodium](https://heartsmart.vet.tufts.edu/nutrition/Watching_your_pet's_sodium)

<https://vetnutrition.tufts.edu/tag/supplements/>

1 Freeman L. (2017, March 6). <https://vetnutrition.tufts.edu/2017/03/dietary-supplements-for-pets-harmful-orhelpful/>

2 Bardoulas J. (2019, January 16). <https://osteopathic.org/2019/01/16/poll-finds-86-of-americans-take-vitamins-or-supplements-yet-only-21-have-a-confirmed-nutritional-deficiency/>

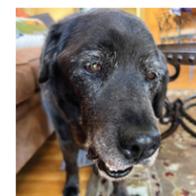
4 Kaplan JL, Stern JA, Fascetti AJ, Larsen JA, Skolnik H, Peddle GD, et al. (2018). Taurine deficiency and dilated cardiomyopathy in golden retrievers fed commercial diets. *PLoSone* 13(12): e0209112.

5 Keene BW. (1991). L-carnitine supplementation in the therapy of canine dilated cardiomyopathy. *Vet Clin North Am Small Anim Pract.*21(5):1005-9.

6 Sanderson SL. (2006). Taurine and carnitine in canine cardiomyopathy. *Vet Clin North Am Small Anim Pract* 36(6):1325-43, vii-viii.

7 Söder J, Wernersson S, Dicksved J, Hagman R, Östman JR, Moazzami AA, Höglund K. (2019). Indication of metabolic inflexibility to food intake in spontaneously overweight Labrador Retriever dogs. *BMC Veterinary Research* 15:96.

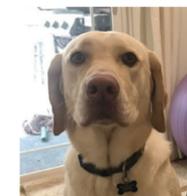
## For our many good boys and good girls who have left us to cross the Rainbow Bridge.



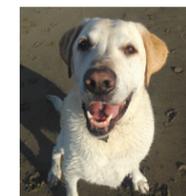
**Lincoln,**  
you were a good boy.



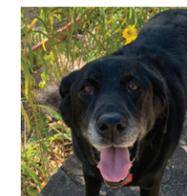
**Kira,**  
you were a good girl.



**Marley,**  
you were a good boy.



**Emily,**  
you were a good girl.



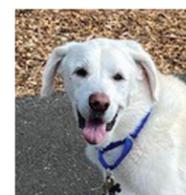
**Rocky,**  
you were a good boy.



**Benny,**  
you were a good boy.



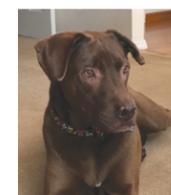
**Chico,**  
you were a good boy.



**Dodge,**  
you were a good boy.



**Coco,**  
you were a good girl.



**Cooper,**  
you were a good boy.



**Rambo,**  
you were a good boy.



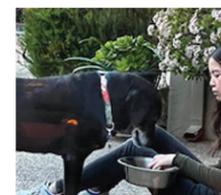
**Rubicon,**  
you were a good boy.



**Elvis,**  
you were a good boy.



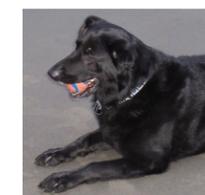
**Emily,**  
you were a good girl.



**Mollie,**  
you were a good girl.



**Coco,**  
you were a good girl.



**Iris,**  
you were a good girl.



**Pilot,**  
you were a good boy.



**Max,**  
you were a good boy.

## Thank to our partners in rescuing Labs!

GGLRR wants to give a big-time shout out to the fabulous people at Central California Labrador Retriever Rescue (CCLRR), and Labrador Retriever Rescue of Fresno (LRRF). Although GGLRR, CCLRR, and LRRF are not formally connected, these Lab Rescue organizations maintain open lines of communications to raise awareness of Labs and Lab mixes in need of rescue in shelters in Sacramento, Stockton, and other locations outside the normal area of operations for GGLRR. If we (GGLRR) cannot evaluate or pull a Lab from

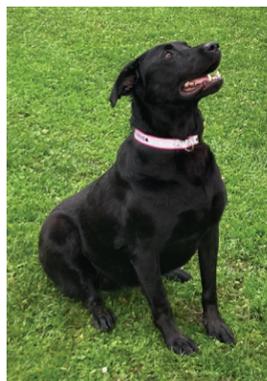


a central valley shelter, we often ask CCLRR if they can get involved. Likewise, if CCLRR cannot evaluate or pull a Lab, we are delighted that they reach out to us to help. LRRF often notifies us of Labs in need of rescue that we might be in a position to help. We greatly value and appreciate the teamwork and support we get from CCLRR and LRRF—just part of the greater Lab Rescue family in Northern and Central California.

**CCLRR**

**LABRADOR**  
RETRIEVER RESCUE OF FRESNO

## Happy Ending- Bailey



Bailey is great! Super friendly and active. She is almost under voice control on the trails at Lands End, but cutting through the golf course she is not...because there are balls! She is crazy about balls and loves to pick up golf balls from the green. She did get some worms—noticed yesterday—so we just got her some of that OTC medication by Bayer.

Hopefully, it worked. She loves Clark the most and is getting 2- 3 walks or chase the ball events per day.

-Peggy & Clark

*Thank you Rescue Rep Sandy & foster LeAnn Sucht & family!*

## Happy Ending- Bosco



Bosco is a great dog. Everyone who meets him recognizes it. He has learned to walk better, thankfully! He's still on and off with cats and squirrels.

He has made some doggie friends which is nice, but once he greets them he is ready to move on. It's kinda funny!

His coat is all chocolate now, no more blond or black parts!

He also has figured out this is a pretty nice place to live. Early on he got out a few times; he didn't go far but now he will stay here. We are very thankful we found him and are looking forward to the coming year with him.

-Karen & Brian Dozier

*Thank you Rescue Rep Dave & fosters Laura & Noel!*

## Happy Ending- Casey (and Nala)

I know my time and hunting adventures with my 12-year-old Lab Cooper are coming to an end soon, as his health and energy slowly decline. My girlfriend introduced me to GGLRR and suggested I reach out to offer foster support (and check my interest in a new dog) as Cooper nears retirement (from hunting).



My first assignment was sweet Nala. She was such fun to have around and kept me very busy. She was a bit anxious and overly excited around new dogs, but generally accepted Cooper and others with a little time. GGLRR (Dave) provided great support to help me navigate her challenges and anxiousness. Dave answered all my questions and even stopped by to help me work with Nala a few times. I loved watching her excitement on walks and her playfulness was much appreciated. Nala found an amazing family just before Christmas and I missed her company immediately.

A few weeks later, Casey came up for adoption and he had everything I was looking for in a companion and hunting

partner. I was super excited to meet Casey and appreciated his playful, high-energy puppy nature. We immediately started exploring the duck club and he went from curiously hesitant to excited and enthusiastic in about three trips. On the last day of the season, Jenn and I took Cooper and Casey out hunting and let them both have several chances to

retrieve ducks. Casey learned a lot and was able to find one (on his own) we were unable to locate. It's not often you see a first retrieve and last retrieve on the same day, but time will tell if this was the case.

Casey is doing amazing and loves our walks, hikes, trips to dog parks and daily training sessions. I enjoy guarding my socks and slippers every morning as he enthusiastically heads out to get breakfast. I am excited to have him as my companion and hunting partner next season. A huge thanks to Liz and GGLR for making this happen.

-Darrell & Jenn

*Thank you Rescue Reps Liz & Dave!*

## Our time with Drax was much too short...

Lab Rescue welcomed Drax back into the program with open arms in October, 2021. His surrendering family couldn't afford a consultation with a cardiologist along with the recommended PDA surgery to repair a heart murmur.

We immediately got him in to the vet for diagnostics in preparation for a visit to the cardiologist. Most concerning was Drax's bloodwork which revealed he was in Stage IV/V kidney failure. One vet suggested euthanasia but we saw so much life in this little guy, only 5-months-old at the time. We desperately wanted to give him a chance (thank you Dr. Gilman for supporting us through this decision). Off to an internal medicine vet he went where he was prescribed a special kidney diet, in-home IV fluids, and medications.

Drax was a pup that never met a stranger; the sweetest soul who truly captured the heart of every person he met.



He thrived under the loving care of his fosters—Phil, Cindy, and his canine sister Cheyenne (pictured here with Drax's paw on her). He made it through his first Christmas, and we were hopeful he'd make it through his first birthday, if not longer, but his little body couldn't keep up, and we sadly had to put Drax to rest in February.

Many thanks to Dr Erin Scott, Dr. Tien and Staff at Bishop Ranch, Dr. Katz at Silicon Valley Med Vets, Dr. Brenda Mills at Integrative Veterinary Care, Fur Angel

Blessing Blanketeers (blanket pictured made by them) and last but certainly not least, Drax's family—Phil, Cindy, and Cheyenne who immediately stepped up to foster Drax fully aware of his condition. They wanted to spoil him from day one which included a very special exception, allowing Drax to sleep in their bed where he burrowed himself under the covers every night!

## Happy Ending- Goose

It's been a while since we had a foster dog so I jumped at the chance to foster this sweet 14 week old. A puppy fix was just what we needed! Then, we got her and I remembered how much work a puppy is and how important that other dogs in the house buy into the baby pestering them! No problem, I was sure she would get adopted in no time so had some fun working with her, teaching her some manners, the basics. We couldn't believe how smart she was; she watched and paid attention to everything the older dogs did, looked in my eyes for guidance and before we knew it, we were all hooked! At least I was right about one thing, she got adopted quickly...#fosterfail!

She decided she liked her new name, Goose, because her favorite snuggle buddy is our old man Maverick and she will stop whatever she's doing (except eating) and come running



when she hears her name. The only other name that would have worked was Goldilocks because she jumps from one bed to the next to cuddle with Maverick, Stella and Athena. Goose just suits her so well, she's a very silly goose!!

Thank you so much to Liz for letting us foster her, waiting for me in Fairfield with her forever while I returned from a rescue mission in Tahoe for a friend, and for always checking in on us and

making fostering for GGLRR so easy and fun! Thank you to Sandy for knowing we were keeping her before we did and being constantly supportive and patient while we "made sure"!

Thank you!!

-Stacy, Paul, Abby & Andrew

*Thank you Rescue Reps Liz & Sandy!*

## Happy Ending- Milo

We love Milo so much. He has been such a loving addition to our family—he is fully off-leash trained, so eager to please, and has a cat now!

We are very proud of him and couldn't love him more.



- Brit & Steven  
Thank you Rescue Rep Liz!

## Happy Ending- Cocoa

Cocoa is such a little sweet-heart and we're happy she has come into our lives. She is comfortable with us now and is very snuggly and cuddly. She is still not thrilled with strangers and barked at a statue that my in-laws have in their garden. Mike had to go and pet the statue and tell the statue that it



was a "good boy" so that she would calm down and see it wasn't a threat.

I believe Cocoa picked Banjo. Banjo didn't seem interested in Cocoa when they first met and preferred to sniff around rather

than pay attention to her. She was persistent and tried to engage him in play, winning him over within a half an hour. We were all pretty surprised how well they took to each other so early on. We had an appointment to meet another dog that same day but canceled it knowing that Cocoa was going to be a great fit. Cocoa is very quick and loves to chase Banjo while he fetches the ball. They both managed to get into mischief by rolling in poison oak and other unmentionable substances, so promptly had baths and dried off playing in the sunshine. I had the worst case of Poison oak in my life with these two characters, and had to take time off work but we all survived.

Julie, Mike, Banjo (GGLRR alum), & Cocoa  
Thank you Rescue Rep Kris and fosters John, Jay & Kris!

## Happy Ending- Remi

Remi has enjoyed snuggling under blankets and extra naps with the winter's rainy weather. She had her very first advent calendar full of cheese and bacon treats.



Remi is still loving agility. She's been introduced to most of the obstacles, but the tunnel is her absolute favorite. You can see it in her face. She's such a smart girl.

She also spent the last few months taking virtual nosework classes with Dickson. She loves it...what's not to love? She gets to sniff boxes for cookies! Our girl is doing great!

- Kristine & Dickson (& Remi)  
Thank you Rescue Rep Kris & foster Elizabeth!

## Happy Ending- Bruno

Goofy, lovable Bruno (formerly Bruce) has been so much fun to have around. He is eternally happy and very curious—he loves the dog park,



Rocco & Bruno

and always runs straight up to the largest dog he can find to make friends. At home, he will eagerly offer his lobster chew toy to anyone in the hopes they will toss it for him to catch. A good pet or belly rub is also always welcome.

We had previously adopted then three-year-old Rocco from GGLRR in June of 2020. While we were initially afraid they might not get along, Rocco and Bruno are the best of friends - they play together, sleep together, barrel up and down the stairs together, and are pretty much inseparable.

We are looking forward to many more happy memories with both of them!

- Lisa & Cody  
Thank you Rescue Rep Kris & fosters Lisa & Cody!

## Happy Ending- Tank

Another foster fail... Tank was our second foster dog and his personality and disposition seemed to match our family from the get-go! Tank was a stray dog, which meant Golden Gate Lab Rescue did not have any background on him. He's estimated to be between 7 and 10 years old, and weighs in at a whopping 92 pounds—the largest dog ever to join our family. What an adventure for us all! Tank included!

He was definitely not housebroken, not neutered, and was never an inside dog. His favorite toy was an empty plastic water bottle. He didn't even know what a dog bowl was, and was scared of a toilet flush. What we did discover, and



what stole our hearts, was that he is a highly intelligent big baby. His intuitive ability to understand what is wanted of him in any given situation is unmatched. Don't tell our other dogs we said that...

After a month of hard work, he was finally housebroken. He is now used to being in the house and sleeping inside. We have another Chocolate Lab who's quite elderly—almost 13 years—and Tank seemed to know to tread lightly around her right off the bat. (By the way,

we named him Tank for his size, but not for how he handles himself around others).

We are spoiling him with dog toys and giving him lots of love. He deserves to have the best life possible. We are so lucky to have Tank in our lives.

- The Deardorff Family  
Thank you Rescue Rep Kris & fosters, the Deardorff Family!

## Happy Ending- Parker & Pluto

These two babies make me so darn happy! I "rescued" them 9 days after I put my most beloved Lab to sleep. I couldn't be without a fur baby. These pups have filled our home with so much love in such a short amount of time! My girlfriend got me the little sign in the pic with them. It is so darn true, I believe they really rescued me! Parker is in the green and Pluto is in the blue. They were already named and trained as their previous owner had to surrender them and they'd been in foster care for 4 months waiting for the perfect home. The irony is, my favorite pup that crossed the rainbow bridge was named "Packer," after the GB Packers. Now Parker came to me with a green collar on and his name is only one letter off, and he acts just like my last pup. It feels as though Packer had a paw in this situation as he knew it would take two amazing dogs to fill the void he left



behind! So grateful for Sandy from Golden Gate Lab Rescue and DeeDee the foster mom who kept these boys until they were matched to their forever home! We are in love!

- Keri & Allen  
Thank you Rescue Rep Sandy & Foster DeeDee!

## Safely Support 35+ Years of Lab Rescue

**GGLRR Merchandise** Show your love of Labs and support GGLRR with our custom **good girl.** or **good boy.** tee shirts, hats, new COVID masks (guaranteed to bring a smile), and other great GGLRR logo products. Do your shopping safely and conveniently online at [Labrescue.org/store](https://www.labrescue.org/store). Wear our Lab Rescue items to encourage people to adopt a Lab in need.



### amazon smile

When you do your shopping with Amazon, please make sure you are on AmazonSmile and you select Golden Gate Lab Rescue as your charity. GGLRR would love to increase their donations from this program; last quarter we received \$500. Go to <https://smile.amazon.com/> and select Golden Gate Labrador Retriever Rescue Inc. (Make sure each time you log into Amazon you switch to Amazon Smile.) Once you are logged in it will say supporting: "Golden Gate Labrador Retriever Rescue Inc." at the top of the Amazon page.



### Employer Gift Matching Program

**Check with your employer's HR Dept. to see if they offer a matching gift program. If they do, fill out the form and then submit it to the appropriate personnel.** We'll be happy to help complete any necessary paperwork to facilitate this process. GGLRR is already setup to receive donations from various Bay Area businesses.



### Donations Make Great Gifts

For a special occasion, donate to GGLRR "For" a special dog or dog loving person. GGLRR will also send a professionally printed card with our logo if you would like a card to be sent. We also acknowledge all our generous patrons in our newsletters. [www.Labrescue.org/donate.html](https://www.Labrescue.org/donate.html)

### Direct Financial Contributions Donation of Stock Estate Bequests

[www.Labrescue.org/donate.html](https://www.Labrescue.org/donate.html)



### Memorial

You can donate to create a Memorial for any special friend (human or canine) who has left us. You can just make a donation and tell us who it is for in the online donation form and we will send an acknowledgement to whom you designate.

### Donate Stuff Supplies Kids Fundraising

[www.Labrescue.org/volunteer-youth.html](https://www.Labrescue.org/volunteer-youth.html)

### Youth Volunteer Program

Student volunteers, meet your volunteer hour commitment by volunteering for Lab Rescue. Go to [www.labrescue.org/volunteer-youth.html](https://www.labrescue.org/volunteer-youth.html) for details. There are lots of different volunteer opportunities—find the one that suits you!



### amazon.com wishlist

Did you know that we have an Amazon Wish List with items needed for the dogs? Have fun shopping and help needy Labs at the same time. Thank you for your consideration. [www.amazon.com/registry/wishlist/PBYXNJ19EFYF/ref=cm\\_sw\\_r\\_fa\\_ws\\_HK-W8sb01X2KWB](https://www.amazon.com/registry/wishlist/PBYXNJ19EFYF/ref=cm_sw_r_fa_ws_HK-W8sb01X2KWB)



## Announcing the Adopt a Stuffed Lab Program!

Golden Gate Labrador Retriever Rescue, in partnership with the Pet Food Express Community Outreach Team, is excited to announce our new youth education program titled, "Adopt a Stuffed Lab!" The purpose of this program is to create awareness, at a young age, of the challenges, responsibilities and rewards involved in deciding to get a dog. Our hope is that we can stop the cycle of surrendered dogs by empowering our younger generation to have the knowledge and understanding of what it really means to bring that new, cute, loved one home.

Details of the program are still in the process of being finalized but the GGLRR volunteer committee consisting of Committee Chair, Stacy Hallett-Brasher plus members Tiffanie Brown, Heidi Inglefingher, and Mackenzie O'Toole have outlined a one to two-week program where children of all ages will start by attending an interactive workshop brainstorming with the volunteers on such topics as what they know about dogs, what dogs need on a daily as well as long term basis, things to be prepared for like injury/illness, socializing and training as well as what the children expect to be the most fun but also some of the hardest parts of caring for a dog might be.

During the workshop, GGLRR volunteers will have a few of their own dogs in attendance for hands-on learning to show the kids the basics of walking, grooming, feeding, petting, training, and socializing. At the end of the class, each child will be given the opportunity to "adopt" their own stuffed Labrador Retriever to take care of for the next 2 weeks

along with a journal to track their daily activities.

Over the course of the next 2 weeks, the kids will be responsible for their dogs as if they were living, breathing animals. They will track their daily routine to include walks, feedings, training time, poop clean up, etc. In addition, they will receive notifications throughout the 2-week

period about different surprises from their dog. As anyone with a dog knows, anything can happen from a potty accident in the house to an illness or injury and the unfortunate loss of a favorite toy or shoe that was left out for their pup to chew on. Our volunteers will serve as their mentors over this time and be available to

assist as pretend veterinarians or just guide them through any questions they may have.

The conclusion of the program will include witnessing a real live puppy training session and/or grooming appointment along with another group discussion about the week. We look forward to hearing how the reality of caring for a dog impacts each child/family and hope to spread our passion in helping every dog start and end in their loving, forever home.

Interested in volunteering, attending, or helping spread the word about our new program? Please reach out to [stacyhallett@gmail.com](mailto:stacyhallett@gmail.com).



## We Extend Our Thanks To You!

*Thank you to all of our wonderful donors. Without you, we would not be able to continue to help the Labs that need medical care and/or new homes. Your donations make it happen!*

*Donors listed from Nov. 2021- Feb. 2022; we do our best to recognize all of our generous donors.*

### \$5-\$50 "FIRST EXAM"

In memory of Tucker, Tarot by HiC  
Laurie Manske

### In memory of Betty White:

Sophia Coysh  
Lisa Miller  
Lauren Rice  
Nicole Silva  
Debi Collins  
Joyce Dahlberg  
Pamela Shelley  
Linda Catron  
Christine Courtney  
Nicole Fee  
Janice Fisher  
Anne Harris-Gebb  
Aet Hooper  
Nira Manville  
Scott Paeth  
Kristina Pope  
John Oda  
Melissa Bercovich  
John Paul Elrod  
Janet Leishman  
Robert Parrish  
Soraj Prathnadi  
Suzanne Thompson  
Amelia Thornton-Lyons  
Allan Wyllie  
In honor of Sadie the Wonder Dog & Betty White, Patricia Clark  
Sharon Correia  
In memory of Cody,  
Lora Lee Del Rosario  
Pets Eternal Rest  
Jennifer Fenn  
Courtney Baldwin  
Jacqueline Smith  
In honor of Luke Daire & his human family!  
Allison Becwar  
Eileen Macapinlac  
In honor of Sarge, Krista Markert  
Richard & Suzanne Underwood  
Cherlene Andresen

In honor of Amber, Stormy & Hershey, Phoenix Tears Aromatics  
In honor of Liz & Jim Barnes, Corey Barnes  
Barbara Block  
Kathleen Devincenzi  
In honor of Sifa, Greg Flejtuch  
Victoria Forest  
Eileen Foster  
In honor of Betty White & Bailey, Krissy Gray  
Marja Hale  
Caroline Hayes  
In honor of all of our babies!, Rudy & Beverly Herrera  
Justine Hirsch  
In memory Abby, Indra Klatt  
Carla Matlin  
Jennifer Mitchell  
Sandra Newland  
Ellen G Newman  
Susan Norris  
Erica & Bill Roberts  
Joseph Rose  
Alexandra Smith  
In honor of Gracie, Lauren Wylie  
Janet Zimmerman  
Thomas Brinkmann  
Laura & Frank James  
Kathleen Silber  
In memory Bruno & Betty White, Kristin Jones  
In memory of Kona, Snickers, Speedo & Harley, Carol Bal  
Greg Carver  
In memory of Sadie, Bernadette Castaneda  
Juanita Contreras  
Jennifer Davidson  
Pamela Dei Rossi  
Senna Dolter  
In honor of Uncle Jack Morros, Sally Edgar  
In memory of Kona, Wayne Fergerstrom  
Jane Fish  
Baruch Geiger  
In honor of Keeper, Paula Girola  
Lizko Jackson  
Debra Lowande  
David Mahan  
Heather McLean  
Michelle Meisner  
In memory of Chloe, Donna Mosich  
In honor of Samson Mulkey, Don Mulkey  
Michael Souza  
Monica Stratton

Tammy Halley  
Kelley Allison  
Sarah Beaudoin  
Marguerite Bradley  
In loving memory of Luther J. Hoppole, Devin Callister  
Michael Daniels  
Bradford DeLong  
Hongchau Do  
Nancy Evans  
Sarah Fraser  
In memory of Breeze & Turner, Diane Garfield  
In honor of Marley, Diane Guerra  
Wendy Hazan  
Amy Hesla  
Karen Hilliard  
Carl Hirsch  
In memory of Gretta & Daisy, Allan Kaas  
In loving memory of Jaco, Crystal Kathman  
In memory of John Kloosterman, Donald Keegstra  
Zoe Kersteen-Tucker  
In memory of Annie, M.E. Lamb  
P. L. Lundquist  
In memory of Pogi, Ronda Macchello  
Sylvia McGovern  
Lush Music  
In honor of Audrey & Betty White, Constance Noel  
Judith Peres  
In memory of Betty White & Bailey, Patricia Quinlan  
Theresa Ralston  
Donna Raziano  
In memory of Darwin & Katie, Lori Roseman  
Carol Sherman  
Bob Slee  
In memory of Summer Moore-Bryan, SM Vereyken  
Laura Wharton  
Linda Woods  
**\$51-\$100 "SHOTS"**  
Asset Mark Inc.  
To make a Lab fur baby healthy, Click My Pix  
In memory of Brody, Center of Balance  
Marc Cohen  
Candace Alexander  
In memory of Stella Amsel Adams (Poopy, Beth Amsel)  
In honor of Maude, Dee Dee Bollong  
Patrick Carroll

Robert De Line  
In honor of Fed, Laura Faught  
Marla Filipponi  
Andrea Galvin  
In honor of Roxy, Jane Hammond  
Paulina Levy  
Rosemary Loveall  
Kevin McCarthy  
Eileen Sullivan McGee  
Scott Miller  
In memory of Marlow, David Paoletta  
In honor of Dale Jenssen, Jan Stern  
David Swift  
Amelia Thornton  
KC Vincelette  
In memory of Quincy, Teresa Ziemer  
Patricia Linder  
In honor of Harley, Marilyn Brosnan  
Anne Bubnic  
Linda Harris  
Evie McClintock  
Karla Rees  
Joanne Schunter  
Katherine Shih  
In memory of Breeze, Linda Wilford  
Robin H. James  
Vanessa McDonnell  
In memory of my dad Morris, Laurie Ackerman  
John & Ruth Antonini  
Jon Baldry  
Michael & Marion Bashista  
Rachel Bayless  
Shauna R. Bishop  
Bobbi Blase  
Jennifer Bollong  
Tom and Tish Borden  
In honor of Zoe, Anne Branagh  
In memory of Sebastian, Bill Brobst  
In memory of Erika Burns, Sharon Burns  
In memory of Fritz, Toby & Tess, Robert Canepa  
Susana Castillo  
In honor of Drax, Tammy Cerruti  
Matthew & Moica Coleman  
Christopher & Martha Conner  
Catherine Costello  
Naira Davtyan  
In memory of our GGLRR Sam, Susan Dickinson  
In memory of Howard, Mary Doll  
Ehud Dor  
Ian Dunn

In honor of Judy Taylor & Liz Frome, Mary Eid  
In memory of Molly, Bruce Graves & Ellen Powell  
Christine Ely  
In honor of Diesel, David Ely  
In memory of Karen Jolliffe, Philip Gara  
**In memory of Betty White:**  
Dana Achaigua  
Lauren Ghio  
Elizabeth Laflamme  
Michael La May  
Jamie Rudman  
Carolyn Goetz  
In honor of Sophie Angel Mirgoli, Cynthia Gonzales  
In memory of all the Labs, Jo Goodwin  
Danville Grange  
Dennis Gribben  
Abram Hardin  
Jerome Hastings  
In loving memory of Max, Stephanie Hinds  
In honor of Carol Turrini, Nancy Hines  
Ron Hoffman  
Susan Hollandsworth  
Jan Hurwitz  
Loving memory of Shiloh, Richard Ignatowicz  
In honor of Barbara & Ron Jankowski & Marley, Marguerite Jimenez  
Deborah Kalember  
Christopher Donnelly & Kathy Reed  
Lisa Kau  
Lauren Kielian  
Kim Kletter  
In memory of Desiel, James Lashley  
Jeffrey Latz  
Russell & Cecile Lincoln  
Sally Liska Mills  
In memory of Abby, Liz Lufkin  
Susan Mac Donald  
Melissa Macko  
In honor of CCI's Bebe, Beverly Jeanne Mager  
Marie Manha  
Rebecca McCathern  
Dennis Merideth  
Richard Montoya  
In honor of Griffin, Derek Moulaison  
In honor of Harvey, Tom Nigman  
In memory of Bailey, Sally Nordlund  
In memory & honor of Neh, Serra,

Serratia, Mary & Maggie Elizabeth Ouligian  
In memory of Duke & Lord, Maria Teresa Ramirez Herrera  
In memory of Magic, Donna Rasmussen  
In memory of Annie, Jeff & Kathy Reedy  
In honor of Hunter & Bailey, Paula Reinman  
Isela Rizzi  
In memory of Truffle, Jerry Robinson  
Katherine Rollins  
James & Sandra Schloss  
Jenny Schneider  
Janice Scott  
Donna Scuvotti  
Stephen Silberstein  
Shawn Silva  
In memory of Luke, Wendy Slaney  
Donna Smith  
Kendy Smith  
Kristin Spindt  
Rita Stolze  
In honor Betty White, Kevin & Corina Sullivan  
For Oso's Birthday #13, Wendy Thurston  
In honor Honey & Betty White, Margaret Toor  
In honor of Dodge Cherry, Sheri Ungar  
Andrea Vanek  
In memory of Sammy, Jose Luis Velo  
George & Hazel Walton  
Mary J Wandschneider  
Lynn Wassom  
Susan Wellman  
In memory of Betsy Adams with love, Athena Kristen Whissel  
Julie Williams  
Jeffrey Wisdom  
Dan Yek  
Martha Young  
**\$101-\$250 "LAB TESTS & BLOOD WORK"**  
Lush Music  
Gurjit Pandher  
Jennifer Gertz  
**In memory of Betty White:**  
Angela Johnson  
Kathryn Frohling  
Diana Lee  
On Yek  
In memory of Vince, Boomer,

Maggie, Maizy & Betty White, Carol Turrini  
Maura Sullivan  
Douglas Lang  
Christopher Clark  
Orlando Cuarezma  
Trinka & Lloyd Dyer  
Waltraud Finch  
Deb & Richard Levine  
Pamela Hoffman  
Mary Kerosky  
In memory of Willy & Buck, Charles MacNulty  
In memory of Zara, Kerry Miller  
Mike & Carol Miottel  
Tim Morris  
Roxanne Nelsen  
In honor of Cocoa, Natalie Nolan  
Margaret E Olea  
Nancy Pluzdrak  
In memory of Gary Orkin, Gumbo & Sunny, Martha Ramey  
Charles Simonds  
Tim Smith  
Mike Soby  
Julie Stone  
In honor of Barney, Julie & Steve Ulmer  
In memory of Ted, Cindy Atases  
In honor of Betty White, Julie Champion  
Melanie Cibik  
Thank you for rescuing LUNA, Georgia Cornell  
In honor of Katie Woof, Ray & Anneke Dempsey  
Jean Edwards  
Stacy Einsidler  
In honor of Rudy, Rudy Yelena & Glady Sheva  
In memory of Otis, Leesa Greenlee  
Dedicated to the GGLRR fosters, volunteers, adopters, Mike Hallock  
Carol Hunter  
In memory of Fudge, Joan Reber Jones  
In honor of Fips, Pippin, Suzie, Merry, Rhoda & Kea, Eric Larkin  
Anna Lemos-Gallup  
In memory of Jake, LoLa & Marley Jankowski, Bill & Kim Love  
In memory of Dudley, Kristina K & Christopher Martin  
Merry Christmas, Coral McCulloch

Linda Nemmer  
Martin Porras  
John Poysa  
Dayna Sayres  
Dorothea Schenk  
Dr. Jill Sideman  
In loving memory of Comet, Catherine Tierney  
James Wong  
In memory of Betsy, Peter Adams  
John & Janice Batchelder  
Denise Benatar  
Willis Blakewell  
Randy Bowes  
RD Boyle  
Rachel Brodie  
Matthew Burdusis  
Karen Chapple  
Michelle Cody  
Katie Daire  
Kerry Davidson  
Meg Fitzgerald  
In memory of Buster! Susan Hall  
In honor of Leo, Richard Hanke  
In memory of Spencer, Allie, Bubba, Abby & Murray, Mike & Arlene Herrick  
Maureen Higgins  
Priyajeet Hora  
In honor of Echo, Kent Johansson  
Susan Lentz  
In honor of Elvis & Gracie, Dori Maggart  
In honor of Daisy, Carolyn Murray  
Kenneth & Elizabeth Myers  
Cynthia Nelson  
In memory of Cadeau, Dion Oakley  
Kelly Prado  
Patrick Rada  
William & Faye Sandoval  
Carol Santa Maria  
Mark Schneekloth  
Wylie Sheldon  
Joe & Laura Sorenson  
Karthik Suri  
Richard Weigelt  
In memory of Lucky, Ann Wondolowski  
In honor of Holle, Nadine Yenni  
**\$251-\$500 "SPAY & NEUTER"**  
Mrs. William Minor  
Renee Caggiano  
In Memory of Princess, Nisha Attri

Roger Battaglia  
In memory of Dodge, Michelle Cherry  
Janice Johnson  
John & Adrienne Murphy  
Carol Reen  
In memory of pet Luckey, Tognazzini's Dockside Restaurants  
For senior Labs, Rhonda Vitanye  
In memory of Drew, Harley, Chan & Wiley, Joan Wasielewski  
Patricia A. Yeats  
Krista Brugnara  
In honor of Nest Flights LLC, Jimmy Escalante  
James Esposto  
Meryl Katz  
In memory of Bailey, Anupama Krishnan  
Sheila Nelson-Acojido  
Charles, Marilyn, John Hansen  
Donald Powell  
Jess Ross  
From staff members of Literacy Solutions of NY in memory of Peter Paisley, Anne Carey-Colorado  
In memory of Drax, Phil Novak  
In honor of Goofy, Angela Allen  
Jeanette Hung & Ashok Singhal  
Christopher Bailey  
In memory of Tugg & Coco, Bob & Mary Barnes  
To help further the mission and purposes of Dartmouth College Fund, Peter B. Christine & Bernhard Hubbard  
In memory Sadie & Jojo! Dennie Bernier  
In honor of Dr. Lim from Los Gatos Dog and Cat hospital, Brian Bodmer  
Diane Brown  
Kristen Buckingham  
In memory of Lol,a Vincent Butler  
Carlino Cecilio  
In honor of Frida, Joseph Di Giacomo  
Mike Di Napoli  
Lisa Gansky  
Jo Ann Gervais  
Reza Golchini  
In honor of Sugar, Tim Gordon  
In honor of Wyatt, Mark Le Hocky

In memory of Chief, Robin May  
Karl & Debra May  
John Mc Cauley  
John Meek  
Bryan & Carol Miller  
Donelle Nicosen  
Kris Niyama  
Tom Perry  
Barbara Stevens  
**\$501-\$1000 "SPECIAL SURGERY"**  
David Reedy  
In honor of Liz Frome, Katherine Bryce  
In memory of Tommy, Bristol & Porter, Nick Costa  
Carter Cromwell  
In honor of Michele Evets, George Mannina  
Margaret Toor  
Alan Brayton  
Nathaniel Cohen  
Barbara Coleman  
In memory of Dale Jensen, Kay & Chris Dann  
Janelle Friedman  
In honor of Dave Ely, Jamin Hawks  
Katy Jenkins  
Dianne Lynch  
Rachel Macias  
Ms. Emily Morningstar  
Namitha Nayak  
In honor of Bozo, Stephen Todd  
**\$1001+ "ORTHOPEDIC PROCEDURES"**  
In memory of Coco, Riley, Elvis, Marley & Max, Liz Frome & Jim Barnes  
Ruth Krishnan  
Marilee Scholl  
In honor of Sam, Jac, Briana & Kylie, Barbara Guerra-Jankowski  
In loving memory of Riley & Kona, Jeffrey & Jean Levenstam  
In memory of Daisy Mae, Kathy Limmex  
Cal & Mary Tilden  
Janis & Ed Cherry  
Barry Hoglund  
Peggy Kivel  
In memory of Bud Light McEuen & Dr Jill, Dr Leah & the Staff at WV Vet Hospital, David & Deborah McEuen  
Jeanette Sorensen  
In memory of Bella, Laura Winter  
William Donner Foundation  
The Travers Family Foundation

More Thanks:

To all the dog transporters, Pet Fair volunteers, wonderful fosters, and others – we wouldn't be able to save as many dogs as we do without you!

- Balanced K9/Board & Train/Mahogany Gamble
Bishop Ranch Veterinary Center & Urgent Care/Veterinary Services
Cal West Pet Hospital/Veterinary Services, Fairfield (Dr. Kelly Palm)
Coast K9/Dog Training & Assessment/Jourdan Murphy
Companion Animal Mobile Vet Clinic/Veterinary Services/Dr. Sue Buxton
Fango Fund Donors, UC Davis/Veterinary Surgery
Feathers & Fur Dog Training/Dog Training and Assessment/Jenna McDonald
Greg Fletjuch Design/Greg Fletjuch, Designer
Happy Tails To You Dog Training & Canine Corral Daycare/Dog Training, Socialization and Assessment/Dawna Caldwell and team
K9 Country Club/Dog & Cat Boarding/Tiffanie Brown
MSI Printing/Printer/Jim Barnes
Onyx Worldwide/Merchandise/John Oda
Pet Food Express/Giving Tree, Pet Fairs & Food donations
Reed Animal Hospital/Veterinary Services/Dr. Reed and his wonderful team
UC Davis Veterinary Medical Teaching Hospital, Gourley Community Surgery Service and the Small Animal Clinic
MedVet Silicon Valley (formerly Silicon Valley Veterinary Specialists)/ Veterinary Services/Dr Kristine Chan/DVM/DACVIM (Cardiology)
Trish King/Animal Behaviorist
Veterinary Vision/Canine Ophthalmologist
Pooja Photography/Animal Portraits
Mills Holistic Dog Training/Dog Training/Aaron Mills
Jay Rose/ Dog Training
Dr. Brenda Mills/Veterinary Services, Livermore
Dogtor Calls/Dr Kelly McNair/Veterinary Services
San Jose Animal Care Services /GAP Medical Assistance Program
The Canine's Voice /Dog Training /Sabrielle Melton



2023 GGLRR Calendars!!!

Yay! Our beautiful calendar will be available if we get enough photo submissions from readers like you. Please send your best photo(s) of your best furry friend so they can be included in our 2023 calendar. Go to www.labrescue.org for guidelines and email your submissions to labrescuescalendar@gmail.com



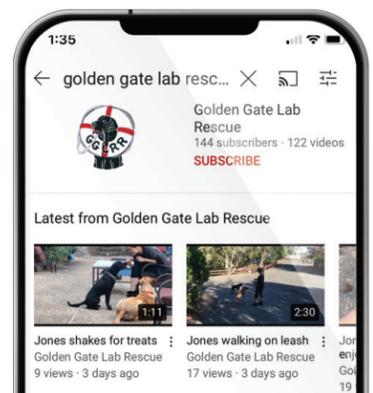
Board Members:

- President..... Katy Jenkins Courtney
Vice President.....Dave Ely
Treasurer.....Liz Frome
Secretary.....Mary Gumlia
Education.....Sandy Markuse
Fundraising Chairs..... Cindi Wilson, Federica Judica
Members at Large.....Debbi Behrman
Volunteers..... Jennifer Dekker-Davidson
Thank You.....Joann Munch, Stephanie McMurray
Growing Fosters & Foster Support.....Dave Ely, Jennifer Dekker-Davidson
Growing Donor Base.....Liz Frome, Federica Judica
Intake Committee.....Katy Jenkins Courtney, Dave Ely, Liz Frome, Debbi Behrman, Jennifer Dekker-Davidson, Kris Niyama-Mousavi, Sandy Markuse
Rescue & Phone Reps.....Dave Ely, Barbara Thompson, Cindy Atases, Candace Alexander, Carol Turini, Judy Taylor, Debbi Behrman, Jennifer Dekker-Davidson, Katy Jenkins Courtney, Kris Niyama-Mousavi, Liz Frome, Michelle Cody, Mitzi Phillips, Sandy Markuse, Susan Pfau, Marie Ross
Newsletter .....Debbi Behrman, Lisa Ramsey
e-Newsletter.....Julie Stein
Social Media.....Claire Irvine, Stacy Hallett, Mike Scaletti, Kathy Thornton, Kara Douglas, Cindy Culcasi, Jennifer Dekker-Davidson, Cindi Wilson, Elizabeth Martelli
Website.....Betsy Dugdale, Mike Scaletti
Pet Fairs.....Kara Douglas, Laura Hearick, Liz Frome, Debbi Behrman, Sandy Markuse
GGLRR Calendar.....Laura Hearick



Check us out on YouTube!

GGLRR is now on YouTube with great videos featuring your favorite Labs that you can watch anywhere!



Don't miss these fun events!

Virtual Pet Fairs
Saturday April 30th, 11 am -1 pm
Saturday July 23rd, 11 am -1 pm
Saturday Oct 22nd, 11 am -1 pm
Check our website for registration information!

Santa Photos/In-Person Pet Fairs
(All at Pet Food Express locations)
Sat. Dec 3rd, 11 am -3 pm Walnut Creek
Sun. Dec 4th, 11 am -3 pm San Jose
Sat. Dec 10th, 11 am -3 pm San Francisco
Sun. Dec 11th, 11 am -3 pm Novato

In-Person Pet Fairs
(All at Pet Food Express locations)
Sat. May 14th, 11 am -2 pm San Jose
Sat. June 4th, 11 am -2 pm Redwood City
Sat. July 9th, 11 am -2 pm Novato
Sat. Sept 17th, 11 am -2 pm Redwood City
Sat. Oct 8th, 11 am -2 pm Novato
Sun. Nov 6th, 11 am -2 pm San Jose

Lab Rescue @ SF Pride Booth
(In San Francisco)
Saturday June 25th, 10am -5 pm
Sunday June 26th, 10am -5 pm

Shopping & Giving Events
National Rescue Dog Day – May 20th
Giving Tuesday – Tuesday Nov. 29th
GGLRR Holiday Shopping Days:
November 29th and December 6th!
Buy your holiday gifts for humans and canines!

GGLRR Launches Training Workshops for Humans!

Golden Gate Lab Rescue is pleased to announce that we have launched a new program for our volunteers and adopters starting in 2022. We will be holding dog training seminars in locations around the Bay Area. We plan on having 2 to 3 seminars each year to help support our volunteers and adopters. Our purpose in offering these seminars is to provide help with any issues that may arise with our adopted dogs to help them stay in their pack! Our first seminar was held March 2022. 55 people (adopters, fosters and volunteers) attended and Trish King of Trish King—Canine Behavior Associates



(canine-behavior-associates.com) was our speaker. Using videos, demo dogs and a very engaging Question and Answer session, Trish educated the humans about a variety of common issues and potential solutions. Everyone walked away with some new tools to work with their dogs and of course dog training is really all about training the humans!

For more information, email liz@jobshopsf.com; our next one is Saturday June 11th from 11 am to 4 pm at Animal Rescue Foundation (ARF), in Walnut Creek. We will also be scheduling one in the South Bay. These workshops are free for our volunteers and adopters!

## Help Wanted!

GGLRR is a virtual, all-volunteer rescue organization serving the SF Greater Bay Area whose mission is to find loving homes for unwanted Labs or Lab mixes. Our Lab Rescue team saves purebred Labrador Retrievers and Lab mixes from shelters, as well as assists people giving up their dogs for adoption. We provide foster homes, veterinary care, and rehabilitation when needed, and place them with loving, forever families. Our volunteers *are* GGLRR!

These positions are our current, most critical needs!

### Volunteer Website Manager

Golden Gate Labrador Retriever Rescue needs a Volunteer to help manage the website. This exciting position requires organization and drive. This is a job that would be shared with a full-time company volunteer and thus would be only needed for the volunteer to fulfill requests on the weekends. Tasks include: receive email requests to post newly available for adoption Labradors onto the organization's website; update the status of dogs throughout the adoption process (no more calls, adoption pending, recently adopted); creating pages for new dogs; updating old pages; and resizing pictures for the website. You would receive training from the current Volunteer Website Manager and to prepare you for the position. Coding expertise is not required; the coding style is similar to logic programming and can be learned on the job. This is a great job for a student volunteer.

If you are interested in learning more, please contact Liz, [liz@jobshopsf.com](mailto:liz@jobshopsf.com)

Chewy's Give Back Program provides donations to rescues and allows supporters of those rescues to make an even greater impact by donating through our wish list. Here's how it works:

- Use Lab Rescue's special link to shop our wish list ([https://www.chewy.com/g/golden-gate-labrador-retriever-rescue\\_b94269853](https://www.chewy.com/g/golden-gate-labrador-retriever-rescue_b94269853)) or go to <https://www.chewy.com/g/animal-shelters-and-rescues>, enter Golden Gate Labrador Retriever Rescue in

## Lab Rescue is participating in Chewy.com's Give Back Program!



the search box and hit the "Find a Rescue" button. This takes you to our special page (and our wish list)

- The first time you purchase from this page, Chewy donates \$15 to GGLRR
- You can make donations to GGLRR of

items on our Wish List (and other things) right from this page

Be sure to use our special link! If you don't, GGLRR won't get credit for your purchase! Check out our page and let us know what you think! Send your comments to [dragonflydebbi@gmail.com](mailto:dragonflydebbi@gmail.com).

### GGLRR Event Organizer

The event organizer would be the on the ground leader for our participation in particular events such as pet fairs and community events. This includes recruiting and managing volunteers and coordinating with the event location to ensure our participation runs smoothly. The GGLRR Event Organizer also coordinates with local Pet Fair Coordinators; in some cases, Pet Fair Leaders may also take on the Pet Fair Coordinator role.

### Rescue Reps

We desperately need more Rescue Reps! Rescue Reps are the dogs "Hollywood Agents!" You would meet and evaluate dogs at shelters and at homes as well as manage the adoption process, including promoting the dog, identifying prospective adopters, coordinating with foster families for adopter meetings, organizing home visits, making the adoption decision, and providing post adoption support to new families.

### Fosters

Fosters provide loving interim homes for our dogs until a new forever home is found. Fosters are critical to our ability to save Labs; without them, we cannot meet our mission!

*For information or to apply for any of these positions, send an email to [labrescuesfbayarea@gmail.com](mailto:labrescuesfbayarea@gmail.com) or go to our Volunteer page at [www.labrescue.org/volunteer.html](http://www.labrescue.org/volunteer.html) and complete our brief volunteer information form.*

## How to contact Golden Gate Labrador Retriever Rescue

**Mailing address:** 268 Bush Street, #4322, San Francisco CA 94104  
**Website:** [www.Labrescue.org](http://www.Labrescue.org) | **Email:** [Labrescuesfbayarea@gmail.com](mailto:Labrescuesfbayarea@gmail.com)

### Local/Area Contacts

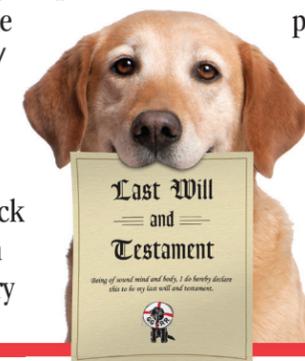
<b>408 Area Code</b> Kris 415-652-6091 (call or text) <a href="mailto:krisellen.nm@gmail.com">krisellen.nm@gmail.com</a> Mitzi 408-529-7616 (text only) Debbi 408-309-7830 or email (preferred) <a href="mailto:dragonflydebbi@gmail.com">dragonflydebbi@gmail.com</a>	<b>415 Area Code</b> Candace 415-860-5456 (text only) <a href="mailto:candacemora@hotmail.com">candacemora@hotmail.com</a> Michelle 415-265-3652 (text only) <a href="mailto:shell316@comcast.net">shell316@comcast.net</a> Sandy 650-303-2436 (call) <a href="mailto:2crazy4dogs@gmail.com">2crazy4dogs@gmail.com</a> (surrenders only)	<b>925 Area Code</b> Cindy 510-984-8188 (call or text) Barbara 831-336-3146 (call) <a href="mailto:tomsonbus@gmail.com">tomsonbus@gmail.com</a> Dave 415-686-4248 (surrenders only) Sandy 650-303-2436 (call) <a href="mailto:2crazy4dogs@gmail.com">2crazy4dogs@gmail.com</a> (surrenders only)
<b>650 Area Code</b> Jennifer <a href="mailto:jedavidson0516@gmail.com">jedavidson0516@gmail.com</a> Sandy 650-303-2436 (call) <a href="mailto:2crazy4dogs@gmail.com">2crazy4dogs@gmail.com</a>	<b>707 Area Code</b> Judy 707-480-8469 (call or text) <a href="mailto:judee.tay@gmail.com">judee.tay@gmail.com</a> Carol 415-246-0321 (call or text) <a href="mailto:cturrini@aol.com">cturrini@aol.com</a>	<b>510 Area Code</b> Michelle 415-265-3652 (text only) <a href="mailto:shell316@comcast.net">shell316@comcast.net</a> Barbara 831-336-3146 (call or text) <a href="mailto:tomsonbus@gmail.com">tomsonbus@gmail.com</a> Susan 925-212-4468 (surrenders only)

### Other Contact Information

<b>Donation Information</b>	To make a cash donation on line: <a href="http://www.Labrescue.org/donate.html">www.Labrescue.org/donate.html</a>	To send a check: 268 Bush Street, #4322, San Francisco CA 94104
<b>Donating through Amazon.com</b>	Amazon Wishlist: <a href="http://www.amazon.com/registry/wishlist/PBYXNJ19EFYF/ref=cm_sw_r_fa_ws_HKW8sb01X2KWB">http://www.amazon.com/registry/wishlist/PBYXNJ19EFYF/ref=cm_sw_r_fa_ws_HKW8sb01X2KWB</a>	
<b>Address Changes</b>	<a href="mailto:Labrescuesfbayarea@gmail.com">Labrescuesfbayarea@gmail.com</a>	
<b>Volunteer Information</b>	<a href="http://www.Labrescue.org/volunteer.html">www.Labrescue.org/volunteer.html</a>	
<b>Newsletter Editor</b>	<a href="mailto:Labrescuesfbayarea@gmail.com">Labrescuesfbayarea@gmail.com</a>	
<b>Website Problems</b>	<a href="mailto:eccdugdale@gmail.com">eccdugdale@gmail.com</a>	

## Other ways you can help Lab Rescue: Make a gift through your estate or a charitable trust!

Making a gift through your estate can be pretty simple if you have a will or living trust. If you would like to add GGLRR, consult with your tax planning/estate advisor to simply add Golden Gate Labrador Retriever Rescue, San Francisco California to your list of beneficiaries. Specify the amount and nature of the gift (cash or stock or property, for example). It's potentially even easier to give by making GGLRR the beneficiary



of a bank account, life insurance policy or retirement plan. If you'd like your donation to go to a specific purpose, you can make that clear as well. If it helps, our team here at GGLRR is happy to chat directly with you and/or your tax and estate consultants to help come up with a plan that works best for you and GGLRR. Your donation is always greatly appreciated, and will go directly to save the lives of Labs in Need.

### About GGLRR, Inc.

Golden Gate Labrador Retriever Rescue, Inc. (GGLRR) is organized under the California Non-Profit Public Benefit Corporation Law for charitable and educational purposes. We have been granted nonprofit tax-exempt status under Section 501(c)(3) of the Internal Revenue Code. GGLRR is a private, nonprofit, all-volunteer organization.

GGLRR facilitates the placement of unwanted Labrador Retriever dogs into new homes. We are sought out by concerned individuals and humane organizations who come into contact with Labrador Retrievers. We have a spay-neuter requirement for all dogs that we place. Families residing within our Northern California service area who desire to adopt a Labrador Retriever complete an application form and are introduced to potential pets. Our purpose is solely to provide good homes for Labrador Retrievers who might otherwise be abandoned or euthanized by their previous owner.

Our service area is Northern California and covers six telephone area codes: 408, 415, 510, 650, 707, and 925. GGLRR has more than 300 volunteers. None of our volunteers receive any form of compensation for their time and effort, other than the pure satisfaction of matching a displaced Lab with a loving family.

GGLRR relies upon placement and adoption donations, fundraising events, and charitable donations for its funding. We suggest a minimum donation (currently \$400) for prospective families wishing to adopt from us.



If you prefer, you can also use PayPal to make a donation. Log onto [www.Labrescue.org/donate](http://www.Labrescue.org/donate) and click on the PayPal icon.



Pet Food Express supports rescue organizations in a variety of ways and GGLRR wants to spread the word. Please consider shopping at Pet Food Express for all of your pet supplies. Pet Food Express will donate 4% of your on-line purchases to GGLRR but you must shop using the link:

**[www.petfood.express/?p=GGLABR](http://www.petfood.express/?p=GGLABR)**

This 4% donation only applies to on-line purchases. You can select “in-store pick up” or “home delivery” for your purchase. We encourage everyone to use this link to shop at PFE on-line so Lab Rescue can benefit from the 4% donations.